ILL

Little finger hands (palms out, pointing up) at upper chest, drop in straight line to waist level.

WORRIED
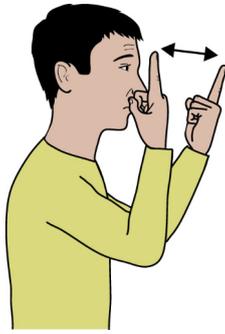
Index hands (palms back, pointing up) at either side of forehead, make short alternate movements backwards and forwards.

## HOME
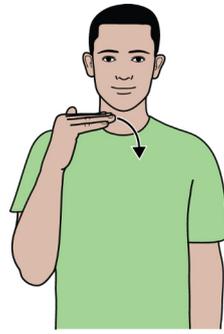
Working bent hand (palm in, pointing up) bends inwards from wrist while moving in a short way, finishing palm down, pointing in.

CHANGE

Tucked hands (palms back, pointing in), working hand above, make half-circle back to change positions.

CORONAVIRUS
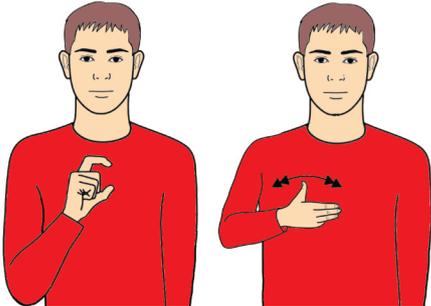
Make letter shape "C"; then working "M" hand with extended thumb (palm back, pointing in/up) held in front of body, moves slightly from side to side twice.

STAY SAFE
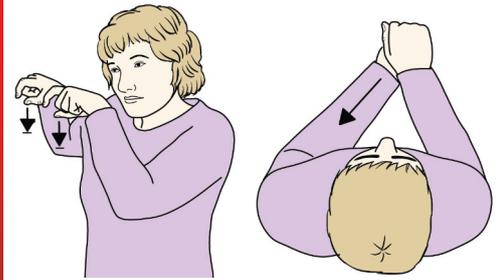
"C" hands (palms down, pointing forward) make short, firm movement downwards; then working closed hand (palm down, pointing forward) on supporting closed hand (palm up, pointing forward/in): formation moves back towards supporting side of body.

Sign **along** the communication charity charity no: 1039788

COVID-19

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KEEP A SAFE DISTANCE
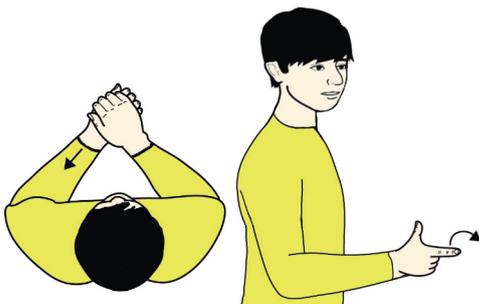
Working closed hand (palm down, pointing forward) on supporting closed hand (palm up, pointing forward/in): formation moves back towards supporting side of body.; formation moves back to body.; then working "L" hand (palm in, pointing forward) arcs forwards from the signer.
Directional sign.

MENTAL HEALTH
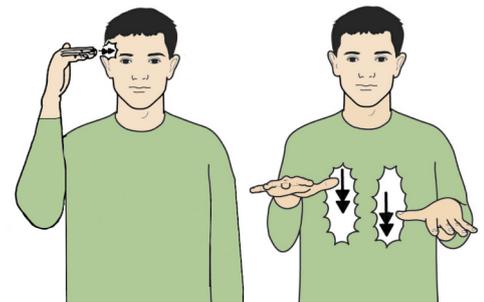
Working bent hand (palm in, pointing up) fingertips tap side of forehead twice; then open hands (palms down, pointing forward); thumbs brush down chest alternately several times.

WASH

Mime appropriate washing action; use appropriate action and handshape.

SOAP

Make letter shape "S"; then working flat hand rubs over palm of supporting relaxed hand once.

WATER

Working cupped hand (palm forward, pointing in) backs of fingers rub up and down against cheek.

TISSUE

Working parallel flat hand (palm out, pointing up) in front of nose pulls forward/down, thumb and fingers closing