

## UPSET



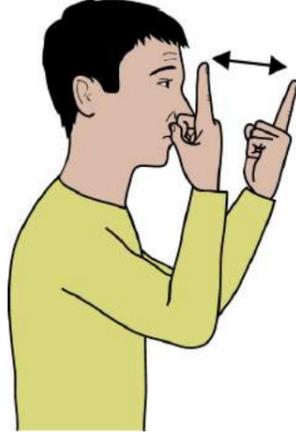
Working bent hand (palm back, pointing in) fingertips against chest, twists to palm up while maintaining contact.

## CONFUSED



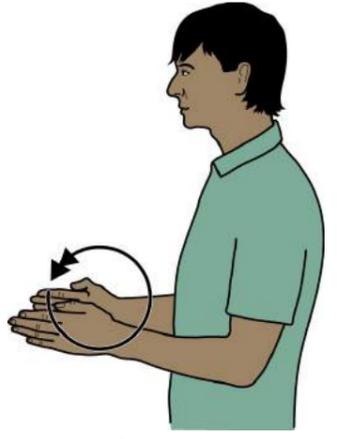
Open hands (palms back, pointing up) in front of face, make alternate inward circles.

## WORRIED



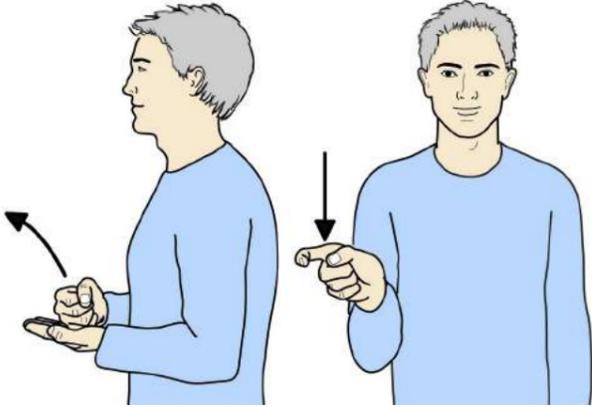
Index hands (palms back, pointing up) at either side of forehead, make short alternate movements backwards and forwards.

## HOSPITAL



Flat hands in front of body (palms in, pointing forward) circle forwards twice.

## CARER



Blade of working fist rests on supporting palm; formation moves up/forwards; then working "C" hand (palm forward, pointing out) moves down in front of body.



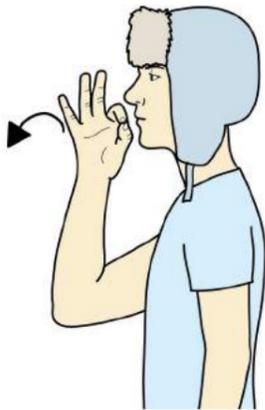
## DIED



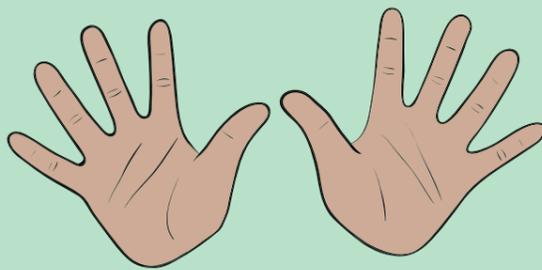
"N" hands (palms in, pointing up) move down to point forward. The movement is slow.

# BEREAVEMENT

## ASK



Working "O" hand (palm in, pointing up) moves forwards from beside mouth in small arc.



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[www.signalong.org.uk](http://www.signalong.org.uk)  
[info@signalong.org.uk](mailto:info@signalong.org.uk)

## UNDERSTAND



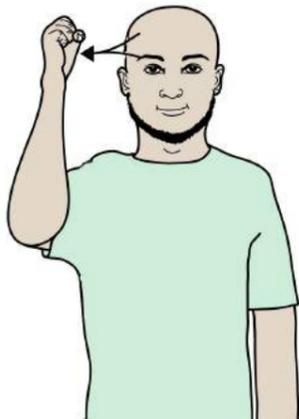
Working closed pinched hand (palm in, pointing up) at side of forehead; index finger flicks up.

## PARENT



Working flat hand (palm in, pointing forward/up) taps twice at heel of supporting flat hand (palm in, pointing forward/up).

## REMEMBER



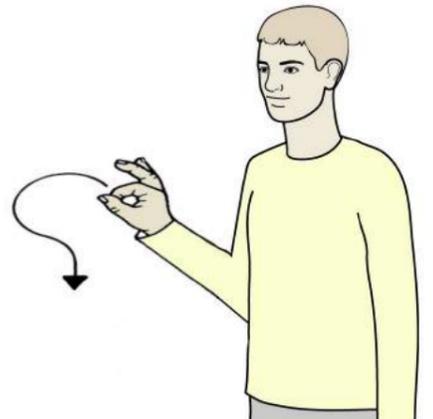
Working index hand points to temple; hand moves out changing to fist (palm in, pointing up).

## CLASS



"C" hands (palms forward, pointing up) indexes and thumbs touching, circle in to palms back with blades touching.

## QUESTION



Working "O" hand (palm forward, pointing out) draws a question mark forward from working shoulder.



## Informing Learners of a Bereavement

Explaining a bereavement to someone who special needs or communication difficulties can be hard. Although they may express their emotions quite differently, they may share the same levels of grief as you and I.

The following statement has been beneficial in informing a group of children or young people about the bereavement of a peer;

We have something very **sad** to **tell(say)** and **you** may **feel upset, confused, worried** and this is **ok**...(sign initial letter or name sign from ...(class, form or department) was very **ill** this week and...(name)... was in **hospital**. The **doctors** and **nurses** **tried** very hard to **help** ...(name)... but he **died** this **morning**. **Everyone(all)** feels very **sad** that we will **not** (**no, shake head**) **see** ...(name)... **again**.

Does **anyone** want to **ask me anything(question)**?  
Do **you** **understand** **what** I have told you(**say**)?

**We** will **look after you** and **help** you. **You** can **talk** about it. **We** will **tell your** **parents/ carers** so **you** can **talk** to them about this if **you want** to. They can **help** **you** too.

It is **ok** to feel **sad** but **we** will **remember**...(name)... **happy** **smiley** **face**.

We have highlighted the key words in the statement and provided the signs on the accompanying poster. Please feel free to share with those affected and their families and support network.

Further information on bereavement can be found at  
[www.bild.org.uk/EasySiteWeb/GatewayLink.aspx?allId=2523](http://www.bild.org.uk/EasySiteWeb/GatewayLink.aspx?allId=2523)

<http://support.childbereavement.org.uk>